

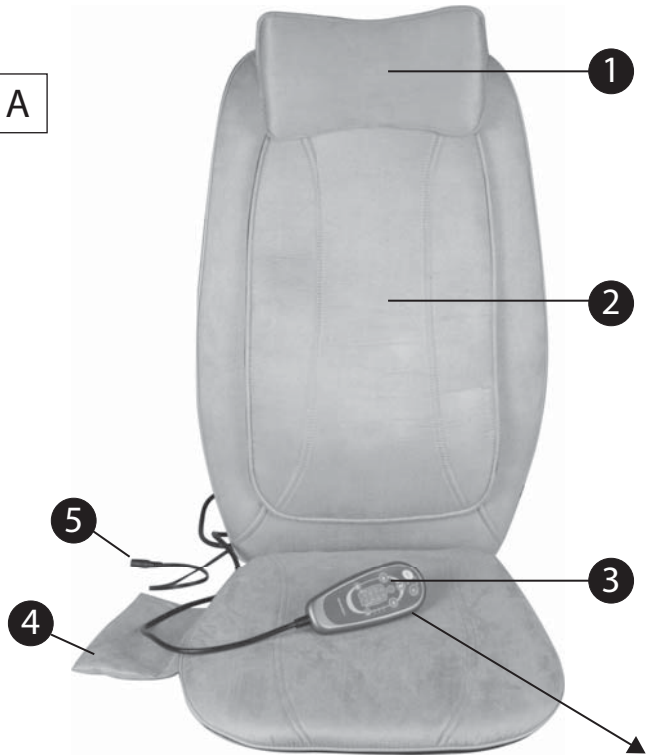


**Shiatsu massage cushion**

SSMK 40 A1



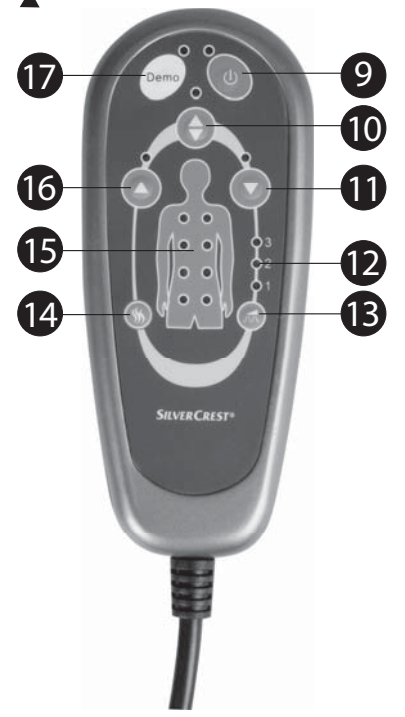
A



B



C



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## General information

Dear customer,

You have purchased this Shiatsu Massage Cushion, which is a high-quality product that reflects the latest technical development and the newest features.

Please read the information contained in this manual carefully, as it will help you learn how to use your device quickly and make the best use of all its features.

## Information about this instruction manual

This instruction manual is part of the SSMK 40 A1 (hereinafter referred to as "the device"). It contains important information about setting up the device, safety aspects and correct use.

The instruction manual must always be kept close by the device. It must be read and followed by anyone responsible for operating the device, resolving faults and/or cleaning it.

Keep this instruction manual safely and if you sell the device please give it to the next owner.

## Copyright

This document is protected by copyright.

All rights are reserved, including rights of photo mechanical reproduction, copying or distribution using specific means such as data processing, data storage media or data networks, either in full or in part, as well as technical changes and changes to the contents.

## Warning signals

### ▲ DANGER

**A warning sign of this hazard level indicates an imminent hazardous situation.**

If the hazardous situation is not prevented, this could lead to death or serious injury.

- Follow the instructions in this warning signal in order to avoid the risk of death or serious injury to people.

### ▲ WARNING

**A warning signal of this hazard level indicates a possible hazardous situation.**

If the hazardous situation is not prevented, this could lead to injury and/or material damage.

- Follow the instructions in this warning signal in order to avoid injury or material damage.



- A note indicates additional information that will make using the device easier.

## Intended use

The device is intended exclusively for massaging the back of the human body. This device is designed only for indoor non-commercial use.

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### ▲ WARNING

#### **Danger due to incorrect use!**

Incorrect use of the device or using it for purposes for which it was not designed, different from what is described in this user guide, can lead to danger.

- Use the device only for its intended use.
- Follow the instructions for use given in this manual.

Claims for damages of whatever kind as a result of incorrect use will not be accepted. The user bears the sole risk.

## Limitation of liability

Damage or defects caused by incorrect use, and defects caused by the use of non-original parts or accessories, are not covered by the warranty.

The warranty does not cover any damage caused by external influences such as lightning, water, fire or any transport damage.

All warranty claims lapse if the device is repaired, altered or rebuilt by the purchaser and if the device's serial number is altered, removed or rendered illegible.

## Warranty

- The warranty period is 36 months starting from the day on which the new device was purchased.
- The warranty excludes wear and tear or defects that have only a minor effect on the value or function.
- Warranty claims must be accompanied by the original receipt or a copy thereof, showing the purchase date and device model.
- Send the defective device to an authorised service centre together with a valid receipt.
- If the device develops a fault during the warranty period, the authorised service centre will resolve any defect caused by a material or manufacturing fault by repairing or replacing the device or the relevant parts.
- The start of the warranty period is determined by the original date of purchase. The warranty period will not be extended if the device is repaired or replaced by an authorised service centre.

## Customer Service

Customer service addresses can be found on the enclosed service card or online at [www.ucom.be](http://www.ucom.be).

## Safety

This chapter contains important safety information regarding the use of the device. This device meets the applicable safety standards. However, inappropriate use can cause injury and material damage.

### Danger due to electrical shock

#### ▲ DANGER

#### **Danger of death due to electric shock!**

#### **Contact with live cables or components can cause danger to life!**

Follow the safety instructions given below in order to avoid danger due to electrical current:

- Use only the power supply components included in the pack, as otherwise device could be damaged.
- Do not use the device if the power supply unit, cable or plug are damaged.
- Never open the power supply unit housing. There is a risk of electric shock if live connections are touched or the electrical and mechanical structure of the device are altered.
- Protect device from humidity, penetration by liquids and dust. Unplug the power supply unit immediately if the device comes into contact with liquid.
- Unplug the power supply unit if a fault occurs, during a storm and before cleaning the device.
- Protect cables from hot surfaces or other hazards and do not constrict them.

### General rules for safe use

Follow the safety instructions given in order to use the device safely:

- Do not allow children to play with the device or its parts.
- Never cover the device with a towel, blanket etc.
- Any defective components must be replaced using original spare parts. Only these parts are certain to meet the safety requirements.

## Intended purpose

The translation of the Japanese word "Shiatsu" is "finger pressure".

The primary aim of Shiatsu is to promote energy flow, which serves to enhance circulation of blood, lymphatic fluid etc. It rebalances the digestive, circulatory, respiratory, nervous and immune systems. These physical functions sometimes become unbalanced as your body redirects resources to deal with everyday stress. In Shiatsu, the practitioner stimulates and balances the body by applying pressure and massaging acupuncture points and meridians.

This stimulates the body's self healing capability and helps to maintain or regain health.

The SSMK 40 A1 Shiatsu massage cushion has rotating massage heads which imitate the pressure and kneading motions of a real Shiatsu massage.

## Description of the massage cushion

See illustration **A** and **B** on the fold-out page.

- |                            |   |
|----------------------------|---|
| 1 Attachable neck cushion  | 6 Attachment surfaces for sleeve and neck cushion |
| 2 Attachable sleeve        | 7 Handle bar                                      |
| 3 Controller               | 8 Fastening strap                                 |
| 4 Controller pouch         |   |
| 5 Power adapter connection |   |

## Description of the controller

See illustration **C** on the fold-out page.

- |                                   |                                |
|-----------------------------------|--------------------------------|
| 9 On/Off button                   | 14 Heat function button        |
| 10 Full back massage button       | 15 Massage area LED indication |
| 11 Lower back massage button      | 16 Upper back massage button   |
| 12 Seat vibration strength LED    | 17 Demo button                 |
| 13 Seat vibration strength button |                                |

## Preparing the device for use

### Safety notes

#### ▲ WARNING

#### **Injury and material damage can occur when preparing the device for use!**

Follow the safety instructions given below in order to avoid danger:

- Children must not be allowed to play with packaging material. There is a risk of choking.

### Contents of box and inspection on opening

The device is supplied with the following components:

- 1 x massage cushion
- 1 x power adapter
- 1 x instruction manual
- 1 x service card



- Check the contents of the box to make sure that you have all the components and for visible damage.

## Packaging waste disposal



The packaging is made of environmentally-friendly materials which you can dispose of at your local recycling facility.



- We advise you to keep the box and packaging material in case you need to relocate or store the device in the future.

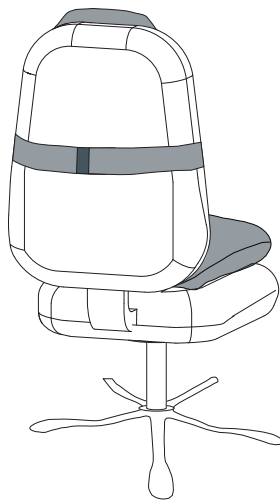
## Where to set up your device

The device must be set up in a location that meets the following requirements in order to ensure safe and proper operation:

- Power sockets must be easily accessible so that the mains cable can be easily removed if necessary.
- The device must be set up in a dry place.

## Attachable sleeve

The attachable sleeve **2** must always be attached when the massage cushion is used.



## Strapping system

- The massage cushion can be installed in almost any chair.
- To prevent the massage cushion slipping or sliding away, slip the fastening strap **8** over the seat or chair and adjust the fastening straps **8** to secure.
- Attach the attachable sleeve **2** and the attachable neck cushion **1** using the attachment surfaces **6**.

## Power Source

### Connecting the device to the mains



- Use only the enclosed power adaptor (WT-6108CP, input:100-240 V ~ / output: 12 V - 3 A ==).

Plug one end of the power adaptor into the 230V socket and the other end into the power adaptor connection **5** for the massage cushion.

## Operating the device

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### ▲ DANGER

#### Risk of injury or material damage!

- When the device is working, do not touch the spinning massage mechanism with any other part of the body except your back.
- Only gentle force should be exerted against the device in order to eliminate any/all risk of injury.
- If the material or fabric covering the massage mechanism becomes torn or damaged, discontinue use.
- Never put any body part (fingers or hands) inside the interior of the device.

### ▲ WARNING

- The massage cushion should not be used in the following cases:
  - On young children under the age of 16.
  - On persons suffering from a herniated disk or from abnormal changes to the vertebra.
  - In the case of cardiovascular diseases and headaches.
  - In the case of swelling, burns, inflammation, open wounds, fresh wounds, hematomas, bleeding or other injuries to the back or legs.
  - During pregnancy.
  - After taking medication or consuming alcohol (reduced levels of awareness).
  - On a person with insensitive skin or on a person with poor blood circulation.
  - In a moving vehicle.
  - While operating machinery.
  - If you are fitted with a cardiac pacemaker, heart implant or other medical aid. Individuals with a pacemaker should consult their doctor before use.
  - If you suffer from any of the following conditions: common cold accompanied by fever, varicose veins, thrombosis, phlebitis, jaundice, diabetes, nervous system diseases (e.g. sciatica), tuberculosis, tumors, hemorrhoids, bruises or acute inflammation.
  - In the event of pains of unclarified origin.
  - Before sleeping. The massage has a stimulating effect and can delay sleep.
  - In bed or while sleeping.
- This device is not intended for the use of persons (including children) with restricted physical, sensory or intellectual abilities or those with limited experience and/or limited knowledge, unless they are supervised by a person responsible for their safety or are given instructions about how to use the device.
- The device has a heating function. Persons who are insensitive to heat must take care when using the device.

## Switching on/off

- Press the On/Off button ⑨ to turn the device on. The corresponding LED will illuminate.
- Press the On/Off button ⑨ once again to turn off the device. The corresponding LED will blink and the massage mechanism will return to its lowest point before switching off.



- The device will shut off automatically after 15 minutes for your safety.

## Full back massage

When the device is on:

- Press the full back massage button ⑩.
- All massage area LEDs ⑮ will illuminate.
- You will enjoy a full back kneading massage.
- Press the full back massage button ⑩ again to switch the massage off.

## Upper back massage

When the device is on:

- Press the upper back massage button ⑯.
- Only the 3 upper massage area LEDs ⑮ will illuminate.
- The massage will skip the lower back during massage.
- Press the upper back massage button ⑯ again to switch the massage off.

## Lower back massage

- Press the lower back massage button ⑪.
- Only the 3 lower massage area LEDs ⑮ will illuminate.
- The massage will skip the upper back during massage.
- Press the lower back massage button ⑪ again to switch the massage off.

## Heat function

- Press the heat function button ⑭ to activate the heat function.
- Press the button ⑭ again to turn the heat function off.



- The heat function cannot be turned on if no massage program is selected.


## Seat vibration

- Press the seat vibration strength button ⑬ to activate the seat vibration. The vibration will turn on at low-intensity and the corresponding seat vibration strength LED ⑫ will illuminate.
- Press the seat vibration strength button ⑬ repeatedly to switch to medium (2) intensity, high (3) intensity or to deactivate the seat vibration.



- The seat vibration can be activated together with the back massage. This causes a slight reduction in the vibration strength. This is perfectly normal and should not be interpreted as a defect.

## Demo

Press the Demo button  to demonstrate the features of the device.

## Cleaning and Maintenance

This chapter contains important information about cleaning and maintaining the device.

Follow the instructions in order to avoid damage due to incorrect cleaning of the device and to ensure that it continues to work properly.

### ▲ DANGER

#### Danger of death due to electric current!

- Switch off the device and unplug it from the mains before cleaning.

### ▲ WARNING

- Never use abrasive cleaners, brushes, gasoline, kerosene, glass polish or paint thinner to clean. These can damage the case and leak inside, causing permanent damage.
- Never allow water or any other liquid to enter the device or accessories.

## Cleaning

- Disconnect the device and allow it to cool down.
- Use a soft, damp cloth to clean the device.
- Use a soft brush to clean dirty connections and contacts.
- If the device becomes wet, switch it off and disconnect the device immediately. Dry the device with a soft cloth to minimise potential water damage. Wait until the device is completely dry before using it again.

## Maintenance

- Check connections and cables to make sure they are working.

### ▲ WARNING

#### Repairs that are not carried out properly can be dangerous!

- If you suspect that the device is damaged, take it to a specialist to be checked before using it again.
- Do not attempt to adjust or repair the device.
- The device or cables should only be repaired by a specialist in the service centre.

## Storage and disposal instructions

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### Storage

- Do not wrap the power cord around the device before storing.
- Store the massage cushion in its original box and in a safe, dry and cool place.
- Store it out of the reach of children.
- Avoid contact with sharp edges or pointed objects as this might damage the fabric.

### Waste disposal (environmental protection)



Dispose of the device in accordance with EC Directive 2002/96/EC-WEEE (Waste Electrical and Electronic Equipment). If you have any queries, please contact your local body responsible for waste disposal.

The device must not be disposed of in normal household refuse at the end of its service life.

## Technical Data

Input power	12 V - 3 A $\equiv$ $\ominus$ $\oplus$
Power consumption	max. 40W
Dimensions	Approx. 105 x 44 x 9.5 cm
Weight	Approx. 3.6 kg
Operating conditions	15-35°C Relative humidity 20% to 75%
AC mains adapter	Type: WT-6108CP Manufacturer: Wisefame Input: 100-240 V $\sim$ / 50-60 Hz Output: 12 V $\equiv$ 3 A

## EC declaration of conformity

The EC declaration of conformity is on the last page of this operating manual.





**EC DECLARATION OF CONFORMITY**

We, Topcom Europe Nv, Grauwmeer 17 , 3001 Heverlee , Belgium, declare that our product :

**Type : Massage Cushion**  
**Model: SSMK 40 A1**

is in compliance with the essential requirements and other relevant provisions of the EMC directive 2004/108/EC and LVD directive 2006/95/EC and carries the CE mark accordingly.

Supplementary information:

The product complies with the requirements of:

EMC:

- EN55014-1 :2006
- EN61000-3-2 : 2006
- EN61000-3-3 :1995 + A1 :2001 + A2 :2005
- EN55014-2 : 1997 + A1 :2001

EMF:

- EN 50366 :2003 + A1 :2006

SAFETY

- EN60335-1:2002 + A1/ A2/ A11 /A12 /A13
- EN60335-2-32 :2003

Directive 2009/125/EC (EuP)

- Regulation 1275/2008

Date: 27/07/2010  
Place: Heverlee , Belgium  
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# **SILVER CREST<sup>®</sup>**

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